# A DETAILED SPATIOKINEMATIC MODEL OF THE CONICAL OUTFLOW OF THE MULTIPOLAR PLANETARY NEBULA, NGC 7026

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# ABSTRACT

We present an extensive, long-slit, high-resolution coverage of the complex planetary nebula (PN), NGC 7026. We acquired ten spectra using the Manchester Echelle Spectrometer at San Pedro Martir Observatory in Baja California, Mexico, and each shows exquisite detail, revealing the intricate structure of this object. Incorporating these spectra into the 3-dimensional visualization and kinematic program, SHAPE, and using HST images of NGC 7026, we have produced a detailed structural and kinematic model of this PN. NGC 7026 exhibits remarkable symmetry consisting of three lobe-pairs and four sets of knots, all symmetrical about the nucleus and displaying a conical outflow. Comparing the 3-D structure of this nebula to recent, XMM-Newton X-ray observations, we investigate the extended X-ray emission in relation to the nebular structure. We find that the X-ray emission, while confined to the closed, northern lobes of this PN, shows an abrupt termination in the middle of the SE lobe, which our long slit data shows to be open. This is where the shocked, fast wind seems to be escaping the interior of the nebula and the X-ray emission rapidly cools in this region.

Keywords: ISM: jets and outflows – planetary nebulae: general – planetary nebulae: individual (NGC 7026)

### 1. INTRODUCTION

NGC 7026 is a complex, bipolar planetary nebula (PN) as seen in images as well as high resolution spectra. Stanghellini & Haywood (2010) estimate a distance of  $2086\pm420$  pc to the PN. The central star is a [WC 3] star (Koesterke 2001) with a V magnitude of 15.10 mag (van Altena et al. 1995). It is a well studied PN that has received attention by many authors, in particular Solf & Weinberger (1984), Cuesta et al. (1996) and Hajian et al. (2007). Solf & Weinberger (1984) obtained long-slit, image-tube coudé spectra. They describe NGC 7026 as a bipolar configuration consisting of an expanding equatorial toroid and opposite expanding polar blobs. For the major axis they derive an inclination with-respect-to the line of sight of 75° and a position angle of 15°. They notice that the nebula exhibits a strong ionization structure and describe NGC 7026 as an optically thin, moderately evolved PN. Their observations indicate a tendency of increasing expansion velocities with decreasing excitation. They also derive a distance for NGC 7026 of 2180 pc, in agreement with the more recent work quoted above.

Cuesta et al. (1996) carried out a more detailed study of NGC 7026 using both high and low resolution spectroscopy and ground-based imaging. They unveil a more complex morphological and kinematic structure and describe the PN as having four separate outflows or lobes with a central, spherical shell. They derive a mean electron density  $n_e = 2.05 \times 10^3 \ {\rm cm}^{-3}$  for the nebula and describe NGC 7026 as an evolving, bipolar PN still in its early stages of formation.

More recently, Hajian et al. (2007) have presented *HST* images and high resolution, echelle spectra for NGC 7026 centered on the lines of [N II] 6584 Å and [O III] 5007 Å.

Their observations provide a very good spatial coverage across the nebula and yield detailed spectra of this intricate PN. However, using models by Aaquist & Kwok (1996) and Zhang & Kwok (1998) the authors settle for a simple, bipolar model for this complex PN and therefore attain an unsatisfactory fitting of their synthetic spectra. Their data, though, are very valuable and they nicely complement the spectra presented in this work and together form a comprehensive source of long-slit, echelle spectra for NGC 7026.

Recently, Gruendl et al. (2006) acquired X-ray observations of NGC 7026 using XMM-Newton. The X-ray emission is confined within the bipolar lobes and has a plasma temperature of  $T = 1.1 \times 10^6$  K. It is assumed that shock-heated gas is produced when the fast wind plows into the dense, slow wind of the AGB star. This should produce temperatures greater than 10<sup>7</sup> K, but generally the observed temperature is an order of magnitude lower (see Georgiev et al. 2006, and references therein). Georgiev et al. (2006) suggest that the temperature drops through heat conduction between the hot gas and the cold, optical shell (see also Soker 1994; Zhekov & Perinotto 1998). Furthermore, mass evaporation raises the density of the shocked, fast wind. Since the X-ray emission is associated with the shocked fast wind, this emission should be a good indicator of how the fast wind has been channeled through the nebula.

In this paper we use high resolution spectra, combined with the spatio-kinematic program SHAPE, to understand the complex morphology of this PN. We organize this paper as follows: §2 describes the observations, §3 discusses the results, §4 discusses the SHAPE model and we finish with conclusions in §5.

### 2. OBSERVATIONS

All observations of NGC 7026 were acquired on September 18, 2001, at the Observatorio Astronómico Nacional San Pedro Mártir (SPM), Baja California,

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México. We used the Manchester Echelle Spectrometer (MES) with a SITe CCD detector on the 2.1 m telescope. This CCD consists of 1024×1024 square pixels, each 24  $\mu$ m wide. All frames were binned two-by-two in both the spatial and spectral directions, which yielded a spatial sampling of 0'.624 per bin. The seeing variation during the observations averaged 1'.0 - 1'.8. We used a 90 Å bandwidth filter to isolate the  $87^{th}$  order containing the H $\alpha$  and [N II]  $\lambda\lambda6548$ , 6584, nebular emission lines. Ten slit positions were obtained across the nebula, all of them oriented north - south. For nine of these ten slit positions, we used a 70  $\mu$ m wide slit, 5'2 long. This yielded a velocity resolution of  $9.2 \text{ km s}^{-1}$  for the binning we chose. This spectral and spatial resolution is comparable to that reported by Hajian et al. (2007), 7.5 km  $s^{-1}$  and 1".0 - 1".5 seeing; Solf & Weinberger (1984), 12  $\rm km~s^{-1}$  and 2".0 seeing, and Cuesta et al. (1996), 20 km  $s^{-1}$  and 0''.9 - 1''.2. In only one position, slit position g, we used a 150  $\mu$ m wide slit, equivalent to a velocity resolution of 11.5 km  $s^{-1}$ . The MES-SPM spectra appear to be the deepest of the sets mentioned above. The integration time for each pointing was 1800 s, except for slit g which had an exposure time of 1200 s. Each observation was followed by a 200 s spectra of a Th/Ar lamp for wavelength calibration. We supplemented this data set with a 60 s,  $H\alpha+[N\ II]$  image. Standard IRAF routines were used during the data reduction process to correct for bias, remove cosmic rays and to wavelength calibrate the spectra. The spectra were calibrated in wavelength to an accuracy of  $\pm 1 \text{ km s}^{-1}$  when converted to radial velocity. All spectra are corrected to heliocentric velocity  $(V_{hel})$ . These spectra are part of The SPM Kinematic Catalog of Galactic PNe (López et al. 2012a) and are available at http://kincatpn.astrosen.unam.mx.

The SPM H $\alpha$ +[N II] image is shown in Figure 1. We show our observed slit positions overlaid on the MES-SPM H $\alpha$ +[N II] image in Figure 2. All positions were acquired with the slit oriented N-S and each position is separated by ~3", spread over the width of NGC 7026. In this work, we concentrated on the [N II]  $\lambda$ 6583 line profiles. These profiles provided the most detail, facilitating the modeling of this PN. All observed profiles are displayed in Figure 3 as position-velocity (P-V) arrays, where we also include our model synthetic P-V arrays produced using SHAPE (see below).

# 3. RESULTS AND DISCUSSION

## 3.1. Morphology

In Figure 1, we present three different views of NGC 7026. Panel a is an  ${\rm H}\alpha+[{\rm N~II}]$  image of NGC 7026 acquired with MES-SPM. Panel b is taken from Figure 1 of Gruendl et al. (2006) and shows the XMM-Newton X-ray emission as contours overlaid on a NOT [N II] image. The contour plots terminate abruptly half way through the south east lobe at a location where our spectra shows (see section 3.3) that the lobe breaks open. Panel c is the HST-PC F658N image of NGC 7026 displayed in a logarithmic scale. This HST image shows remarkable details of this intricate nebula. While the lobes can be seen in the MES-SPM image as fairly smooth structures, the HST image shows them to be formed by multiple filamentary loops with cometary knots distributed along the inner edges of the lobes, pointing towards the central

star. There are also emission knots beyond the extent of both lobes; given the long length of our slits, most of these knots have been detected in the spectra for the first time. Some of these knots are indicated in the image with arrows and are further discussed in the spectroscopy and modeling sections. The northern lobes appear slightly more compact than the southern counterparts, reaching a distance of 20'' from the central star, while the southern lobes extend 27'' away from the nucleus. Unfortunately the HST image does not cover the full extent of the southern region. The equatorial region is surrounded by a thick waist with what appear to be radial emission spikes and some diffuse material on the outside and filled with filaments and knots on the inside.

# 3.2. Velocity Definitions

Before continuing, we define the various velocity terminology that we use in the following sections.

 $V_{hel} =$  Heliocentric velocity, it corresponds to the radial component of the space velocity vector along the line of sight corrected for the earth's orbital motion, i.e. referred to the Sun. The velocity scale in the P – V arrays presented in Figure 3 is  $V_{hel}$ .

 $V_{sys}$  = Systemic velocity, it corresponds to the mean  $V_{hel}$  from the geometric center of the nebula (usually around the central star).  $V_{sys}$  is useful to describe expansion motions referred to the nebula's center, presumably the origin of any outflow.

 $V_{space}$  = Space velocity, it refers to the space velocity vector, obtained by correcting  $V_{hel}$  for the tilt or inclination,  $\theta$ , of the major axis of an axisymmetric nebula with respect to the plane of the sky (or the line of sight).

$$V_{space} = V_{hel}/sin(\theta) \tag{1}$$

We use here slit f, which passes through the central star, to derive a systemic velocity for NGC 7026  $V_{hel} = -41.4~\rm km~s^{-1}$ . This value is in agreement with those values derived by Solf & Weinberger (1984) of  $V_{hel} = -40.5~\rm km~s^{-1}$ , by Campbell & Moore (1918) of  $V_{hel} = -40.3~\rm km~s^{-1}$ , and by Sabbadin & Hamzaoglu (1982) of  $V_{hel} = -41.1~\rm km~s^{-1}$ .

# 3.3. Kinematics

# 3.3.1. Bipolar Lobes

The main symmetry axis of NGC 7026 is projected nearly north - south (see Figure 2) and slightly tilted with respect to the plane of the sky, as indicated by the P – V array from slit f (see Figure 3), with the southern lobes pointed toward the observer and the northern ones away from the observer. For the main symmetry, taking the extreme opposite points along the middle of the line profile for slit f, we measure  $V_{hel} - V_{sys} \simeq \pm 40 \text{ km s}^{-1}$ . An interesting feature of the observed P-V diagrams is the structure of the bipolar lobes. From the long-slit spectra they look split on the NE (slits b - f) and SW (slits f - i) sections of the lobes, see Figure 3. We divided the lobes into four major sections, NW, SW, NE, and SE. The SE section appears as one lobe as seen in slits a through d. In slits a and b, the SE lobe appears open, while it is closed in slits c and d. In slit d, only a fraction of the lobe is covered. The SW lobe seems pinched to form two structures, SW1 and SW2, as seen in slits f

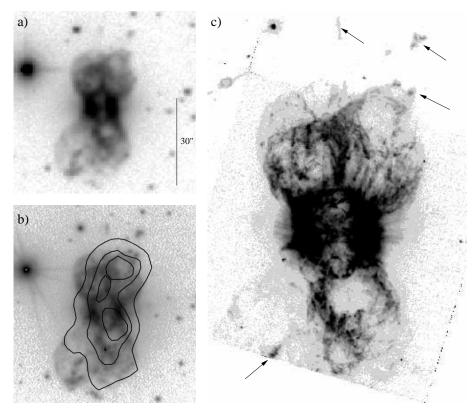


Figure 1. Three different views of NGC 7026. (a) MES-SPM,  $H\alpha+[N\ II]$  image. (b) Adapted from Figure 1 in Gruendl et al. (2006) by permission of the authors, contours define extent of diffuse X-ray emission detected by XMM-Newton superimposed on a [N II] NOT image. (c) HST [N II] image from the Hubble Legacy Archive, arrows indicate some of the knots discussed in the text. In all images north is up, east is to the left and a) shows the scale in arcseconds.

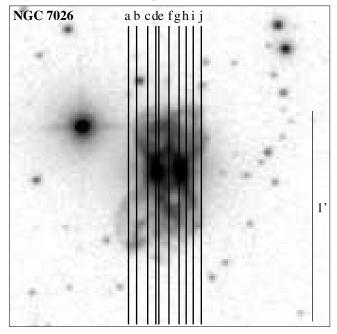


Figure 2.  $H\alpha+[N\ II]$ , SPM image with overlays of all slit positions acquired for NGC 7026. N is at the top and E is to the left.

through i. The northern lobes reflect in point symmetry the southern lobes. In slits b through f, the NE lobes appear as two, NE1 and NE2, while the NW lobe appear as one in the remaining slits.

The placement and expansion velocities of the lobes suggest that they form a bi-conical structure. We list

Region	$V_{hel}$	$V_{hel} - V_{sys}^{a}$
	$({\rm km}\ {\rm s}^{-1})$	$({\rm km}\ {\rm s}^{-1})$
NE1	15.45	56.9
NE2	-70.90	-29.5
SE1	-22.34	19.1
NW1	-1.11	40.3
SW1	-142.24	-100.8
SW2	-12.32	29.1

 $V_{sys} = -41.4 \text{ km s}^{-1}$ .

the corresponding velocities for the lobes in Table 1.

A particularly interesting aspect of the lobes is the appearance of a gap in the SE lobe. This gap appears in the P-V diagrams for slit positions a – b. The open nature of the SE lobe is also apparent in the G – J spectra from Hajian et al. (2007). As discussed in the introduction, X-ray emission is usually confined to closed structures. In the case of this gap, there is a sharp termination of the X-ray emission (Fig.1 of Gruendl et al. 2006, reproduced in Figure 1, panel b, here) at the location where the SE lobe seems open, indicating a quick thermalization or cooling of the hot, shocked gas in this region.

## 3.3.2. Knots

The spectra from all slit positions, except for g and h, show compact knots of emission outside of the lobes or close to their borders. We found eight knots, four to the south and four knots to the north of the nebula (see Figure 3). The heliocentric and expansion velocities for

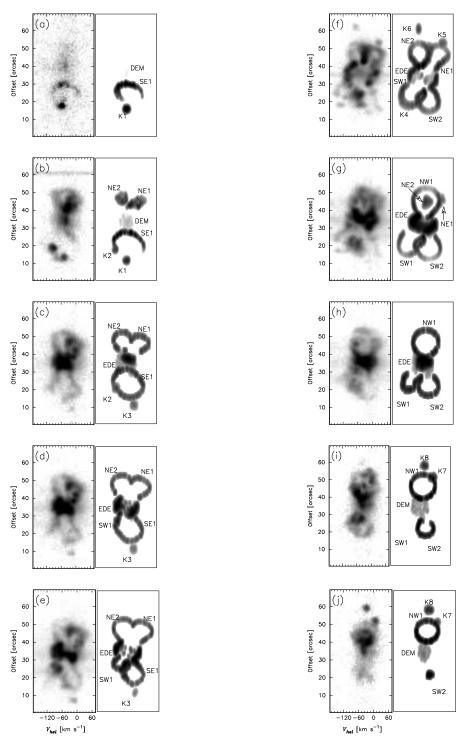


Figure 3. P-V diagrams: observed and modeled. Left panels are the observed [N II] line profiles; right panels are the synthetic P-V line profiles produced by the SHAPE model. All major regions of NGC 7026 discussed in the text are labeled, knots K1–K8, lobes (NE1, NE2, NW1, SE1, SW1 and SW2), the EDE (Equatorial Density Enhancement) and the DEM (Diffuse Equatorial Material).

these knots are listed in Table 2.

Interestingly, the knots appear to lie symmetrically about the central star and thus consisting of four pairs of knots: K1-K8, K2-K7, K3-K6, and K4-K5. This association between knots is also reflected in the velocities, where each pair of knots have similar velocities, but opposite in sign (see Table 2).

 $3.3.3. \ Equatorial \ Region$ 

One of the most prominent characteristics in the P-V diagrams is the fast expanding equatorial region we termed the equatorial density enhancement (EDE). In direct images of NGC 7026, the inner region appears as a tight waist, but the P-V diagrams show the equator is expanding fast, nearly as fast as the lobes (see Figure 3, slit f). Using slit f, we measured the peak heliocentric velocities from the front and back wall of the EDE to be  $V_{hel} = 13.3 \; \mathrm{km \; s^{-1}}$  and  $V_{hel} = -101.3 \; \mathrm{km \; s^{-1}}$ , respectively,

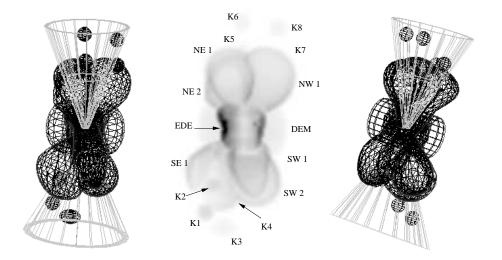


Figure 4. Left and right panels are wireframe views of NGC 7026 where knots, lobes and the EDE are displayed together. A biconical surface that traces the location of the lobes and knots is also indicated. The left panel is a face-on view, i.e. as on the sky, and the right panel is a side view, rotated 90° into the sky. The central panel shows the rendered model where individual knots and lobes have been labeled.

 ${\bf Table~2} \\ {\bf Heliocentric~and~Expansion~Velocities~for~Knots}$ 

$V_{hel}$	$v_{hel} - v_{sys}$
$({\rm km}\ {\rm s}^{-1})$	$({\rm km}\ {\rm s}^{-1})$
-52.7	-11.3
-94.0	-52.6
-15.7	25.7
-125.5	-84.1
29.1	70.5
-66.2	-24.8
0.8	40.6
-34.9	6.5
	-52.7 -94.0 -15.7 -125.5 29.1 -66.2 0.8

 $<sup>^{</sup>a} V_{sys} = -41.4 \text{ km s}^{-1}.$ 

that translates into a direct expansion velocity  $V_{exp}$ =57.3 km s<sup>-1</sup>. Outside of the EDE is a region of diffuse emission that can be seen in slits a, b, i, and j. We labeled this region as Diffuse Equatorial Material (DEM), which is nearly inert, i.e. with a velocity value close to the systemic. This is also the region where radial spikes are present in the HST image but show no kinematic counterpart, indicating photon leakage from the dense EDE, likely combined with scattering effects from surrounding warm dust in the core (Robberto et al. 1997).

#### 4. SHAPE MODEL

The high resolution spectra and close, angular separation of each slit position across the nebula, makes these observations ideal for a model reconstruction using the program SHAPE. SHAPE (Steffen & López 2006; Steffen et al. 2011) is a tool that can be used to obtain information on the three-dimensional structure of a gaseous nebula from its kinematics and 2-D appearance on the sky. It requires spatially resolved, high spectral resolution spectra with a good coverage over the nebula. The user can then use the graphical interface to insert three-dimensional structures to represent the form of the nebula. These structures can be filled with particles or the particles can be distributed across the surface. Each sys-

tem of particles can be given a unique velocity law. In the case of NGC 7026, we assumed a homologous expansion with a Hubble-type velocity law of the form  $v = k \cdot r/r_0$ , where k is a constant, r is the distance from the center, and  $r_0$  is the distance at which the velocity k is reached. When a desired structural representation of the nebula is reached SHAPE then renders the system of particles at each slit position, outputting synthetic spectra. Through an iterative process of changing the model and comparing the synthetic spectra to the observed spectra, a three-dimensional form of the nebula can be achieved (see e.g. García-Díaz et al. 2009; Clark et al. 2010; López et al. 2012b).

We represented the lobed structure of NGC 7026 in our SHAPE model using three, bipolar lobes. These were grouped together to form the lobes, which appear to split up as they grow out from the interior. Particles were distributed across the surface of the lobes. We modeled the gap in the SE lobe by setting the density to zero in the corresponding region with the form of a wedge.

The four sets of knots consist of eight, small spheres in our SHAPE model. Knot 3 extends across slits c–e, so it was modified using an ellipsoid. Close inspection of their locations and velocities indicate that the knots emanate from the lobes tracing different axes along a conical surface that opens up from the main nebular axis as they move away from the core. For the SHAPE model the knots were assigned the same homologous velocity law as the lobes and found to approximately coincide as observed in projection, over the surface of two opposing conical sections.

Finally, we modeled the EDE using a tilted expanding toroid, with particles filling its volume.

The main results of this modeling are shown in Figure 4. The left and right panels show the full wireframe model, before rendering, where knots, lobes and EDE are displayed together; a biconical surface that follows the placement of knots and lobes is also indicated in these panels. The left panel shows a face-on, view, i.e. as seen

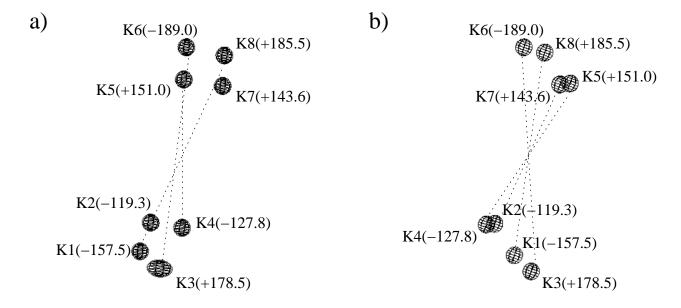


Figure 5. Wireframe views of the system of point-symmetric knots. Panel a shows a face-on view, as see on the sky, panel b shows a side view, rotated  $90^{\circ}$  into the sky. The knots are labeled and dashed lines connect each pair. Numbers in parenthesis are the corresponding space velocities.

on the sky and the right panel shows a side view, i.e. rotated  $90^{\circ}$  into the sky; the central panel in this figure shows the rendered SHAPE model where knots and lobes are labeled. The synthetic P – V derived from this model are shown next to the observed ones in Figure 3.

The main symmetry axis is found to be tilted  $15^{\circ}\pm2^{\circ}$  with respect to the plane of the sky, considering the derived expansion velocity (see section 3.3.1)  $V_{hel} - V_{sys} \simeq \pm 40 \text{ km s}^{-1}$ , we find that the mean value for the deprojected velocity along the main symmetry axis of NGC 7026 is  $V_{space} \simeq \pm 150 \text{ km s}^{-1}$ . Adopting a distance of 2000 pc to the nebula and a mean size for the lobes of 25", the approximate expansion age of this PN is  $1.54 \times 10^3 \text{ yr}$ .

The knots and lobes open out from the main symmetry axis with distance from the core in a conical mode, and each of them presents a different tilt angle. As mentioned before, SHAPE allows the user to specify a velocity law for a system of particles. Thus, from our final model we can pick a region of the nebula and read it's space or deprojected velocity, irrespective of the inclination of the PN. Since the set of knots are localized, compact structures, it is relatively easy to identify them and obtain their space velocities from the final SHAPE model. This information is then combined with the derived expansion velocities to solve equation 1 for  $\theta$ . Table 3 lists the angles with respect to the plane of the sky for the trajectories over which each knot is traveling and their corresponding space velocities. Figure 5 shows two wireframe views of the system of knots, panel a shows a face-on, view, i.e. as seen on the sky and panel b shows a side view, i.e. rotated 90° into the sky; the knots are labeled and dashed lines connect each pair. Numbers in parenthesis are the corresponding space velocities. Knots K 1 - K8 and K3 - K6 are the pairs located furthest away from the center of the nebula and also those with the largest velocities,  $\approx 160 - 190 \text{ km s}^{-1}$ . The other knots are located close to the lobe borders and show outflowing

Table 3
Space Velocities for the Knots

Region	$\theta^{\mathrm{a}}$	$V_{space}$
	(°)	$({\rm km}\ {\rm s}^{-1})$
K1	-4.1	-157.5
K2	-26.2	-119.3
K3	8.3	178.5
K4	-41.1	-127.8
K5	27.8	150.7
K6	-7.5	-189.0
K7	16.4	143.6
K8	2.0	185.5

<sup>&</sup>lt;sup>a</sup> Angle with-respect-to the plane of the sky calculated using  $V_{exp}$ . See text for details.

space velocities,  $\approx 120-150~\rm km~s^{-1}$ , comparable to the main bipolar outflow.

# 5. CONCLUSIONS

In this work we studied the kinematics and 3-dimensional structure of the PN NGC 7026, using high resolution spectra acquired with MES-SPM and a [N II] HST image from the Hubble Legacy Archive. The HST image shows NGC 7026 to be formed by multiple filamentary loops with cometary knots distributed along the inner edges of the lobes. Several emission knots are found beyond the extent of the lobes. The region close to the core, enclosed by the equatorial density enhancement is filled with filaments and diffuse material.

We modeled the spectra using the program SHAPE to interactively explore the structure and kinematics of this PN. We found that NGC 7026 is a poly-polar nebula, consisting of three entangled bipolar lobes, a fast-expanding equatorial waist, diffuse material outside the waist, and four pairs of high-speed knots of emission. The main outline of the outflow, i.e. lobes and knots, has acquired a biconical mode that opens out as material moves away from the core. These findings are in line

with the previous interpretation of Cuesta et al. (1996) that found two pairs of bipolar lobes.

We find that the nebula is tilted by 15° with respect to the plane of the sky, in agreement with Solf & Weinberger (1984). Along the main symmetry axis the nebula is expanding at 150 km s<sup>-1</sup>. The estimated kinematic age for NGC 7026 is only  $1.54 \times 10^3$  yr. Surrounding the central regions is a bright waist of emission produced by an equatorial density enhancement that is expanding at  $\sim$ 57 km s<sup>-1</sup>, such fast expansion of an EDE is uncommon, another example is NGC 6751 (Clark et al. 2010). Outside of the EDE is a region of diffuse material that sits at the systemic velocity. The HST image shows here emission spikes apparently emerging from the EDE that seem to be produced by scattering effects from surrounding warm dust. The three sets of lobes show point symmetry in space and velocity. From our long-slit spectra we found that the SE lobe is open ended. The gap of optical emission in the bottom section of the SE lobe is also apparent in the spectra from Hajian et al. (2007) and it coincides with the border of extended X-ray emission reported by Gruendl et al. (2006) in this region. It seems likely that the shocked wind thermalizes quickly when reaching the open-ended region of the SE lobe, bringing the X-ray emission to an abrupt termination. Beyond the extent of the lobes and close to the their borders we find eight emission knots that also form four point-symmetric pairs, both in relation to their placement with respect to the core and in velocity. Some of these knots reach space velocities of the order of  $180 \text{ km s}^{-1}$ . These knots seem to be high-speed parcels of gas related to the early stages of formation of the poly-polar structure.

The overall scenario is that of a PN whose wind speed and ionization structure have developed fast in the recent past, producing shocks (extended X-ray emission) and hydrodynamic instabilities (cometary knots and filamentary lobes) in the surrounding environment, leading to a complex bipolar structure during its evolution. According to Koersteke (2001) the central star of NGC 7026 is a [WC3] type star with an effective temperature  $T_{\rm eff}=130.5$  kK, terminal wind velocity  $V\infty=3500$  km  $\rm s^{-1}$  and a mass loss rate log  $\dot{M} = -6.34 \rm \ M_{\odot} \ yr^{-1}$ . These parameters imply that the stellar mechanical energy output rate is of the order of  $2 \times 10^{36}$  erg s<sup>-1</sup>. It is of interest to compare this energy budget with the one required by the outflowing nebular gas. The HST image shows that NGC 7026 is highly filamentary, with large and uncertain filling factors in the lobes. We shall assume a uniform average density of  $2.05\times10^3$  cm<sup>-3</sup> (Cuesta et al. 1996) and in order to calculate the mass contained in a full lobe we derive the volume for a frustum of a cone with the corresponding dimensions for NGC 7026, yielding 0.13 M⊙. For this amount of gas outflowing at velocities of  $150~\rm km~s^{-1}$  for  $1.54~\rm \times 10^3$  years, a gas kinetic energy of  $6.4~\rm \times 10^{35}~erg~s^{-1}$  is required. It is likely that this requirement is overestimated since we are considering a completely filled volume for the lobes, but it shows that the central star has ample mechanical power in its wind to drive the observed expansion patterns in the ionized gas presented in this work.

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